

## COVID-19 VACCINATIONS

# Eligible High-Risk Medical Conditions and Disabilities

On March 15, people with certain significant, high-risk medical conditions or disabilities will become eligible for the COVID-19 vaccine. Please review the information below regarding eligibility and vaccination options available to you.



**Appointments  
Required At Most Sites**



**Must Bring  
Photo ID**



**Must Bring  
Proof of Eligibility**

### Schedule An Appointment

- **Healthcare Provider:** If you have a doctor or are enrolled with a local healthcare system, please work with them to schedule an appointment. Many providers are notifying their patients directly with next steps to receive the COVID-19 vaccine based on federal and state guidance.
- **County Locations:** If you are unable to get the COVID-19 vaccine from your employer or your healthcare provider, the County of San Diego and its partners are offering vaccinations to individuals in eligible priority groups. Appointment information for County vaccination super stations and PODs is available online at [www.VaccinationSuperStationSD.com](http://www.VaccinationSuperStationSD.com).

### Proof of Eligibility

Individuals must be able to show they **live OR work** in San Diego County **AND** are at high-risk for COVID-19 (see page 2) at the time of their appointment to be vaccinated. Appointments will not be honored for individuals unable to meet these requirements. You will need to bring a photo ID (school or work ID, membership card, etc.) **AND** at least **one** of the documents listed below for proof of eligibility.

Proof of Eligible Health Condition or High-Risk Disability	Examples of Proof of Residency (must include San Diego County address with zip code)
<ul style="list-style-type: none"> <li>• You will be asked to confirm that you have an eligible health condition or high-risk disability (see page 2)</li> </ul>	<ul style="list-style-type: none"> <li>• Photo ID</li> <li>• Home utility bill, such as gas, electricity, water/sewer, cable/internet) issued in past 60 days (cell phone bills OK)</li> <li>• Current mortgage, housing, or property tax paperwork</li> <li>• Insurance policy or banking/credit card statement</li> </ul>

# Eligible Medical Conditions and Disabilities

People ages 16-64 can be eligible on March 15, if they are *deemed to be at the very highest risk* to get very sick from COVID-19.

EITHER because they have one or more of the following severe health conditions. Those with the following conditions are at increased risk to get very sick from COVID-19:

- **Cancer**, current with weakened immune system
- **Chronic kidney disease**, stage 4 or above
- **Chronic pulmonary disease**, oxygen dependent
- **Down syndrome**
- **Solid organ transplant**, leading to a weakened immune system
- **Pregnancy**
- **Sickle cell disease**
- **Heart conditions**, such as heart failure, coronary artery disease, or cardiomyopathies (but not hypertension)
- **Severe obesity** (Body Mass Index  $\geq 40$  kg/m<sup>2</sup>)
- **Type 2 diabetes mellitus** with hemoglobin A1c level greater than 7.5%

OR if, as a result of a developmental or other significant, high-risk disability, one or more of the following criteria applies:

- A COVID-19 infection is likely to result in severe life-threatening illness or death; OR
- Acquiring COVID-19 will limit the individual's ability to receive ongoing care or services vital to their well-being and survival; OR
- Providing adequate and timely COVID care will be particularly challenging as a result of the individual's disability.

These three criteria include people with a range of physical and behavioral disabilities. Examples include: all enrolled consumers of Regional Centers, Independent Living Centers, In Home Supportive Services, Community Based Adult Services/Adult Day Health Centers, Medi-Cal HIV/AIDS Waiver, Medi-Cal Home and Community-Based Alternatives Waiver, Medi-Cal Assisted Living Waiver, Program of All-Inclusive Care for the Elderly, California Children's Services Program (if the child is 16-21 years old), and California Genetically Handicapped Persons Program.

## Additional Eligible Medical Conditions

Based on what we know at this time, those with the following conditions might be at increased risk to get very sick from COVID-19; therefore they will also be eligible for COVID-19 vaccine:

- **Asthma** (moderate-to-severe)
- **Cerebrovascular disease** (affects blood vessels and blood supply to the brain)
- **Cystic fibrosis**
- **Hypertension** or high blood pressure
- **Immunocompromised state** (weakened immune system) from blood or bone marrow transplant, immune deficiencies, HIV, use of corticosteroids, or use of other immune weakening medicines
- **Neurologic conditions**, such as dementia
- **Liver disease**
- **Overweight** (BMI  $> 25$  kg/m<sup>2</sup>, but  $< 30$  kg/m<sup>2</sup>)
- **Obese** (BMI  $> 30$  kg/m<sup>2</sup>, but  $< 40$  kg/m<sup>2</sup>)
- **Pulmonary fibrosis** (having damaged or scarred lung tissues)
- **Thalassemia** (a type of blood disorder)
- **Type 1 diabetes mellitus**

For more information on COVID-19 vaccines, please visit:

**[coronavirus-sd.com/vaccine](https://coronavirus-sd.com/vaccine)**

